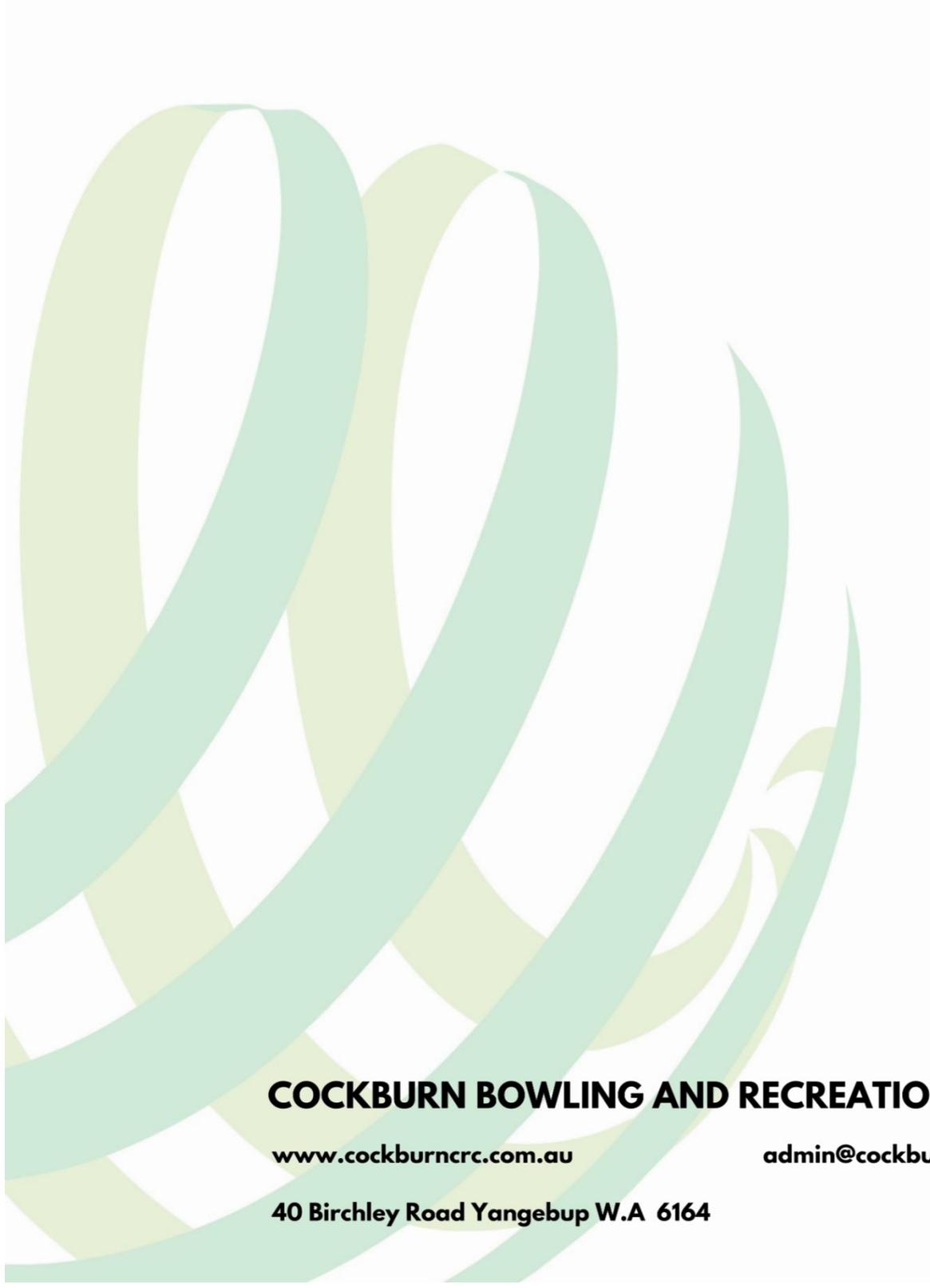


Barefoot Bowlers Policy

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COCKBURN BOWLING AND RECREATIONAL CLUB INC

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Approval and Revision Status

Draft issues of this document shall be identified as Revision A, B, C etc.

Upon initial issue (following Management Committee approval) this shall be changed to a sequential number commencing at Revision 0.

Revision numbers shall commence at Rev. 1, 2 etc.

Rev No.	Description of Revision	Date	Authored and Reviewed by
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			Name
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1 COCKBURN BOWLING CLUB

The history of the Cockburn Bowling and Recreational Club can be traced back to 1964 and to four men, Mr. D. O'Brien, Mr. A. Pedersen, Mr. J. Marshall and Mr. J. Baker.

These men all actively involved in other Sporting and Community Associations discussed the prospect of forming a club and after considerable groundwork called the first meeting on 22nd May 1964 in the Memorial Hall located on Rockingham Road in Hamilton Hill.

Fourteen people attend this meeting, those present being Messrs. A.Pederen, S.K.Elliman, F.W.Street, D.O'Brien, J.Marshall, J.Baker, H.R.Tanner, H.Nineham, S.H.Vann, S.Kent, D.Miguel, J.Ireland and Ms. D.Every and Ms. E.J.Vann.

Discussion was held regarding a possible site for the club. The first site suggested was in Blackwood Avenue, Hamilton Hill, but the Shire Council of the day vetoed that location and said it should be in the Spearwood area.

The obvious choice then, was part of the 12 acres given to the Cockburn Shire Council by the Spearwood District Fruit Growers and Market Gardeners Association to build a Civic Centre and provide amenities for the citizens of the Shire. It was in fact a condition for the donation of the land by the Fruit Growers and Market Gardeners Association that a Bowling and Recreational club be established on the land subject to the Spearwood Rovers Soccer Club agreeing to be relocated.

Forty-four people, including nine ladies attended the meeting held on 8th June 1964 on that date the Cockburn Bowling and Recreational Club was founded.

The Cockburn Bowling Club new facilities were officially opened on Saturday 1st September 2018, the new club is located in Visko Park, corner Beeliar Drive and Birchley Road.

2 PURPOSE OF THE DOCUMENT

The purpose of this document is to provide a policy to foster, encourage, manage and supervise barefoot lawn bowls at the Cockburn Bowling and Recreational Club Inc. ("the Club") located at 40 Birchley road Yangebup.

This policy has been developed to inform the club members and staff how to book, interact, encourage, manage and supervise barefoot lawn bowlers on Cockburn's one undercover and one outdoor lawn bowls greens.

3 BACKGROUND

Lawn bowls is a challenging game that requires a high level of expertise and skills to execute the right play. However, for barefoot lawn bowls, you do not need to be an expert to play it. The game offers a lot of physical and therapeutic benefits to its participants. Barefoot lawn bowls can be played by both the old and the young.

Although barefoot lawn bowls is a low-impact game, you can play it as a way of enjoying your leisure time or as a challenge in a competition.

But what exactly is barefoot lawn bowls? How is it played? How beneficial is the game?

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4 WHAT IS BAREFOOT BOWLS

Barefoot lawn bowls has grown for well over a decade now, with the game finding its roots in Australia.

The game sets to dispel the traditional view that lawn bowling is boring. Barefoot lawn bowling involves rolling a bowl along a squared synthetic surface area without shoes.

It has few rules and few regulations on the dress code. If you are looking for an outdoor sport blended with art, music, parties, drinking, and a combination of fun moments, then barefoot bowling is the game for you.

The game is ideal for team building, get-togethers, parties, corporate social events, and bridal shower celebrations. However, you must take into account the one liability that comes with the game; knocking down of your ankles. **Barefoot bowling is done in bare feet**, and there is a possibility of knocking your ankles when playing, but with proper training on precision, this has little chance of happening.

5 COMPARING BAREFOOT BOWLS AND TRADITIONAL LAWN BOWLS

The traditional lawn bowling has been preserved for older people, and many young people perceive it to be boring. This ancient game, tracing its conception in the 13th Century, comprises of numerous rules that are updated by different sports boards across various countries in the world.

Traditional lawn bowls is a game for competitions; therefore, participants must adhere to the rules to stay in the game. However, the traditional lawn bowling has been losing popularity for over a decade, with bowling clubs losing financial agility over the game.

Fortunately, in Australia we discovered that bowling could attract more participants if it was tailored into the needs of the millennials, hence the inception of barefoot bowling.

The aim of the game is to purely have fun; although you can still play the game for competitions. Barefoot lawn bowling has gained popularity over the past decade, with different countries adopting the sport, including the UK.

Below is a comprehensive guide to barefoot bowls, and its benefits.

6 WHAT YOU NEED TO KNOW ABOUT BAREFOOT LAWN BOWLS

You do not need bowling expertise to participate in barefoot bowling. However, it is important to know how the game is played and some of its basics, to get started.

Remember the objective of this game is to get your bowls as close to the jack as possible than your opponent's.

Here are several things you need to know about barefoot Lawn Bowls

6.1 THE BOWLS

These are the balls you use when playing, up to four bowls per player. The bowl is weighted on one side and it is made to provide the bowl with some weight bias. This nature of the bowls enables them to curve and turn while rolling, they, therefore, do not move in a straight line. Aiming the bowl to the precise target area is where the challenge of the game lies.

There are different colours/disc patterns for different bowls, they all weigh about 1.5Kg. They will be provided for you when you play, so there is no need to buy a set of your own.

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6.2 THE MAT

This is a pad where players usually stand on while bowling. It is placed on the central line of the rink. It ensures all the players deliver from the same place.

6.3 RINK

This is the grass region where the actual play takes place. It is usually demarcated using some boundary pegs. There are several rinks within a green to allow several games to be run at the same time.

6.4 CENTRE LINE

This is the line that runs in the central line of the rink.

6.5 THE JACK

Jack is a white/yellow ball, also known as the kitty, which acts as the target of the game. The concept of the game is to deliver bowls as close to the jack as possible. Getting to the jack is not as easy as you would anticipate, but that is where the interest of the game lies.

7 BASIC RULES FOR BAREFOOT LAWN BOWLS

- a) Players are divided into two teams which use bowls with the same emblems or colours.
- b) The order of bowling by the team members is divided into two; first bowler (known as Lead), and last (Skipper) bowler.
- c) The decision about the team that plays first is made through the tossing of a coin by the Leads of the two teams.
- d) The Skippers of the two teams will be positioned on the other end of the rink (scoreboard end) when the game begins.
- e) The Lead of the starting team rolls the jack along the centre line to the other end of the rink. The jack is then placed on the centre line along the spot where the jack stopped.
- f) Bowling is then done by the playing teams alternatively in the order the bowling sequence by team members.
- g) When all players are done bowling, they switch sides with the Skippers of the two teams who also make their bowl delivery.
- h) Bowls must remain within the defining pegs of the rink. Bowls that move out of the rink are removed.
- i) Bowls that run into the ditch before they touch the jack are also removed.
- j) If not barefooted, you should only have socks or shoes with flat soles.

8 CONDITIONS OF PLAY

For the safety and enjoyment of all barefoot bowls observance of the following terms and conditions are essential.

8.1 BOOKINGS

Bookings are essential, this will allow the club to ensure there are adequate rinks to play on, also we need to be sure there are no competing events planned at the time and to have a bowls coordinator present to help barefoot bowlers to enjoy their time at the Club.

Bookings can be made via the Club website or email: functions@cockburncrc.com.au

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8.2 CLUB RULES

See the handy information sheet (Appendix 1) which the bar staff shall hand to barefoot bowlers upon payment of their fee (bar staff should ask for the return of the information sheet upon completion of their event).

- a) Absolutely **NO SMOKING** allowed on your Green.
- b) Food and drink are not permitted on the green, even when walking to the other end. If you wish to take your drink to the other end, please walk around the green. Refreshments are allowed in the terrace or sun-shaded seating around the green.
- c) Remove shoes for barefoot bowling, socks are OK or soft flat-soled shoes are OK as well; No types of heels or spikes allowed on the greens.
- d) Children are allowed but must be supervised at all times, speak to us and we can arrange smaller rubber bowls for young children to have a roll as well.
- e) **No BYO** drinks are allowed at the club as we are a fully licensed venue.
- f) Catering can be arranged from the Bowl and Fork, fill in the details when making your booking
- g) Smoking is only permitted in the designated areas outside the perimeter fencing.
- h) Bowls must be rolled at any time; **do not under circumstances throw the bowls**, injuries can occur and anyone caught throwing a bowl above knee height will be removed from the green.
- i) Don't sit on the ditches - please use the benches at each end
- j) Play in both directions
- k) Lastly enjoy your event at the Cockburn Bowling Club

9 HOW THE CLUB WILL SUPERVISE BARE FOOT BOWLERS

9.1 BOOKINGS

Bookings are essential, this allows the club to arrange for rink allocation, and to ensure there are no clashes with other events i.e. other bare foot bowling bookings, Pennants (strictly no bare foot bowler bookings during pennant games, club championship events).

Bookings will be via the club website where all the information will be provided i.e.

- a) Name
- b) Email Address
- c) Phone Number
- d) Booking Date
- e) Preferred Time
- f) How many attending (minimum of 10)
- g) If catering is required (we need to be able to provide platters based on the numbers)

The Club Hospitality coordinator will need to complete the Social Bowlers/Coordinator Register acknowledge the booking, confirm payment received, verify there are no clashes with other events, save the event on the functions calendar, confirm with Bowl and Fork if catering is required, and confirm/arrange for the Bowls coordinator to be available to supervise the booking.

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9.2 ARRIVAL AT THE CLUB

The guests will upon arrival at the club, go to the Legends bar, confirm to the Bar staff, who the group contact is (confirm payment for the number of Barefoot Bowlers), the Bar staff will issue coloured wrist bands (to identify paid guests), Bar staff will advise the Bowls Coordinator that the Barefoot Bowlers have arrived and are ready to move to the outside terrace area to commence their on green experience.

9.3 BARE FOOT BOWLS CLUB COORDINATOR

The club will need to ensure the bare foot bowlers are suitably supervised, coached in the game of bowls (this can be tailored to suit the booking capability and experience), ensure the bowls, jacks, mats are laid out on the green ready for the bookings arrival, greet the booking at the members lounge, hand out the handy rules (see Attachment 1), escort them to the rinks.

A short introduction of the rules (refer to the handy sheet) then get the booking under way on the green.

During the session **two hours maximum (2)** the coordinator will need to assist the bowlers with the correct delivery, stance etc. making the whole experience fun and friendly

For refreshments the coordinator can assist the bar staff using one of the club's trolleys to convey the refreshments to the rinks.

At the conclusion of the session the coordinator needs to bring the bowlers together thank them for their attendance, ask for any questions (take note of those queries so we can respond formally), invite them to stay at the club and continue to enjoy our hospitality for the next few hours

10 CLUB COORDINATOR REIMBURSEMENT

To ensure barefoot bowlers are suitably supervised and coached in the game of lawn bowls, the Club has established Bowls Coordinators to supervise bare foot bowls sessions.

The Bowls Coordinators are to be reimbursed for their time supervising the sessions, the club has determined the method of reimbursement is via a Cockburn CRC 1 off 10 x \$5 Drink Voucher for each session they supervise, and this is redeemable at the Legends Bar.

Each card has ten white circles numbered 1 – 10 which the bar staff will punch to indicate how many have been redeemed, once all ten are punched the bar staff will retain the card and return it to administration for accounting purposes.

11 GUIDELINE DEVELOPMENT AND ENDORSEMENT

This Guideline has been endorsed by the Management Committee of the Club.

It is recommended this Guideline be reviewed every year by the Club Management Committee.

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Barefoot & Social Bowls Rules & Conditions



Drinking on the greens is strictly prohibited



Do not drop or dump bowls onto the greens it damages our playing surfaces



Do not sit on the bank with your feet resting on the edge of the green



Boots or high heels are a big **NO NO** on the greens



No Driving (high speed shots)  as people get injured



BARE FEET or flat-soled shoes are fine for walking on the greens



\$10 fee per player to be paid at the bar to play prior to commencement



Smoking is only permitted outside the boundary of the club, in the designated smoking area



Please return all Bowls, Mats & Jacks to their appropriate storage area when you have finished



Please respect our rules and enjoy your day at Cockburn Bowling Club

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